



Articles for Puja

See the video [here](#) for detailed instruction

Articles Needed	Alternatives
<p>Two Banana Plantain Leaves about a square feet size One kept nearer to us for keeping the materials and the other one away from us for offerings</p>	<p>Any eco-friendly plates / leaves</p>
<p>Kindi / Panchapatram / Water Pot with Water</p>	<p>Glass and a Spoon</p>
<p>Lamp / Clay Lamp + Oil + Wick</p>	<p>Candle</p>
<p>A spoonful of Akshata Akshata is made by mixing uncooked plain rice grains with turmeric powder and a drop of ghee (clarified butter) or oil of sesame. In the absence of turmeric powder, just plain rice grains can be used as akshatas</p>	<p>In the absence of rice grains, use a grain that is locally popular and available</p>
<p>A spoonful of black sesame seeds</p>	<p>White or brown sesame seeds can be used as a substitute</p>
<p>Pinda / Rice Ball See the video here for detailed recipe</p>	
<p>Payasam / Sweet Milk Pudding See the video here for detailed recipe</p>	
<p>Assorted Flowers mixed with Akshata and Sesame Seeds</p>	
<p>5 Darbha Grass Pieces</p>	<p>Any long grass pieces x 5</p>
<p>Pavitram See the video here for detailed instruction on how to make pavitram. 2 out of 5 grass pieces from above is used to make pavitram</p>	
<p>Sandal powder made into paste with water</p>	<p>Turmeric powder made into paste with water</p>
<p>Camphor and a clay lamp for Arati</p>	<p>Instead of a clay lamp to keep the camphor, spoons can be used. If camphor is not available a second lamp or candle can be used for Arati.</p>